

The Cross Roads Times

Presented by the Cross Roads Municipal Development District

Volume 24, Issue 7

Town of Cross Roads, TX

September, 2023



T. Lynn Tompkins, Jr. Mayor of Cross Roads

September is upon us! School has started and everyone is getting used to the new rhythm of life. As everyone is settling into their schedules, I would like to ask that you consider if your schedule has time to serve the Town of Cross Roads. While we have an amazing Staff (six in Administration and 11 in the Police Department) it takes a lot of volunteers to make things happen. Below is a list of the current boards Town's commissions that provide volunteer opportunities for those interested in getting involved.

Municipal The Cross Roads Development District (MDD) is a separate entity with board members appointed by the Town Council. The MDD was created by an election of Cross Roads voters on May 11, 2013. The election authorized the imposition of a sales tax of one-quarter of one percent (0.25%) on businesses within the Town's corporate limits and our extraterritorial jurisdiction. The funds generated from the sales tax are utilized for the purpose of economic development projects to help keep our local economy strong. The MDD is comprised of five members who each serve two-year staggered terms. The MDD meets the second Thursday of the month at 6 p.m.

The Planning and Zoning Commission (P&Z) is an advisory board to the Town Council. Development

From the Mayor's Desk

By T. Lynn Tompkins, Jr., Mayor

applications including subdivisions, zoning changes, zoning ordinance amendments and comprehensive land use plan amendments are reviewed by the P&Z which makes a recommendation to the Town Council. The P&Z is comprised of five regular members and two alternates. The P&Z meetings are held on the first Tuesday of each month at 7 p.m.

The Parks and Recreations Board (Parks) is an advisory board that coordinates the Community Markets, Holiday Pop-Up Markets, general park events and manages the maintenance of the park facility. The Parks Board has also been working on ideas for capital improvements to the park that include a restroom facility



and playground. The Parks Board is comprised of seven members and two alternates. The board meets the first Wednesday of the month at 6 p.m.

The Roads Committee was established recently and is a more informal committee of the Town that meets the first Monday of the month at 6 p.m. There is not a limit on the number of members, however the Committee does try to make sure there is participation from each area of the Town. The

Roads Committee advises on communication of road repairs, maintenance of rights-of-way and road projects.

The Historical Committee is a new committee that is just getting underway. We are looking for any individuals with knowledge of the historical elements of Cross Roads or with a desire to research the Town's history to document for future generations. There is currently no set meeting day or time.

We are always looking for general volunteers to serve in an as-needed capacity for various events or to assist with office work! If any of these opportunities interest you, please fill out a Volunteer Application on our website

www.crossroadstx.gov/volunteer.

Respectfully,

Mayor T. Lynn Tompkins, Jr.

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Upcoming Events!



The Parks and Recreation Board will be hosting a Movie in the Park on Saturday, September 30th, 2023 in the Cross Roads Town Park located at the corner of FM 424 and Fishtrap Road. Doors will "open" at 6:30pm. The movie will begin at sundown (approximately 7:30pm). The movie chosen by popular vote will be "Minions: The Rise of Gru".

This is a BYOB (bring you own blanket) event. Interested local businesses are welcome to donate drinks, snacks, or anything else they would like to this event!

Labor Day Fun Facts!

The first observance: The first Labor Day celebration took place on September 5, 1882 when around 10,000 workers marched through New York City demanding better working conditions and fair pay. This event paved the way for future recognition of worker's rights.

Official holiday: In 1894, President Grover Cleveland signed an act making Labor Day an official federal holiday after several states had already recognized it at their individual levels.

Not just about parades: While colorful parades are synonymous with Labor Day celebrations today, they were initially organized as demonstrations showcasing unity among workers fighting for their rights.

The end of summer: Traditionally considered as the unofficial end of summer in America, many people take advantage of this long weekend by enjoying barbecues or outdoor activities with family and friends before autumn sets in.

Fashion rule breaker: According to old fashion etiquette rules (which are not strictly followed anymore), wearing white after Labor Day was considered inappropriate. However, this rule has evolved over time, and now white can be worn year round.





MDD & CRPD Updates

DID YOU KNOW?

That Cross Roads has a business directory for local Cross Roads businesses on the Town's website! Below you can find the businesses listed.

At Ease Chiropractic **Atwoods Ranch & Home** Beauty By Us Beauty Supply Rustic Furniture Depot **Big Tex Trailer Binford Fence Supply Cross Roads Podcast Design Type & Graphics Discount Tire** Elite Healthcare, LLC

Sally Beauty **Starbucks Coffee Company** The Hillside Estate The UPS Store **Tractor Supply** Villa Grande Mexican Restaurant

Prairie House Restaurant

Prime Creative Marketing

Jack in the Box

Jackson Hewitt Tax Preparation Office Joyful Lighting

KJE

Krispy Kreations Cuts and Designs Leigh Jacobs Salon **Mattress Firm** Metro by T-Mobile

Nowex Consultant

Ottomatic Threads

Palio's Pizza Cafe

For more information on these local businesses, go to https://www.crossroadstx.gov/business-directory/byalpha/all

You can add your business at https://www.crossroadstx.gov/municipaldevelopment-district/webforms/add-business



Cross Roads Police Department



Preparedness Training

Last month the Cross Roads Police Department hosted an Incident Management Table Top Exercise with our local partner agencies. The exercise included hypothetical law enforcement scenarios that required the coordination of a multiagency response. In this training environment staff and supervisors worked through each scenario from the initial response and investigation to recovery. Staff was able to practice in roles they might fill with emphasis on critical tasks necessary to manage a multiagency response so that we are better prepared to serve our community. Cross Roads exercise was followed up this month by police participation in Denton County's Emergency Management Active Threat Summit. A program involving agencies from across our region working to enhance our ability to respond in a public safety emergency.

Active Bystander for Law Enforcement

The Cross Roads Police Department now requires all officers to receive Active Bystandership for Law Enforcement (ABLE) training. ABLE training is a peer intervention program that provides police officers with education, tools. encouragement, support to intervene on the public's behalf to prevent their colleagues from committing acts of serious misconduct. The training also promotes self-care and health and wellness strategies so that law enforcement officers can reduce stress and focus on making positive connections in the community. Cross Roads joins several agencies in the area participating in the innovative program.



Easy Weeknight Meals

Welcome back to school season! As the hustle and bustle of a new academic year begins, we understand that finding time to prepare delicious and wholesome meals for your family can be a challenge. That's why we're here to help you with some easy weeknight meal ideas that are not only quick and convenient but also guaranteed to please even the pickiest eaters in your household. So, put on your apron and let's dive into our back-to-school basics guide for effortless cooking!

30-Minute Meal

Who says you need hours in the kitchen to whip up a delicious meal? With these 30-minute meals, you can have dinner on the table in no time!

First up, we have a mouthwatering stirfry packed with vibrant veggies and tender strips of protein. Simply sauté your choice of meat or tofu with an array of colorful vegetables like bell peppers, broccoli, and snap peas. Add some soy sauce or teriyaki glaze for an extra burst of flavor. Serve it over steamed rice or noodles for a complete and satisfying meal.



If you're craving something lighter but still filling, why not try a refreshing salad? Toss together crisp greens, juicy tomatoes, crunchy cucumbers, and any other veggies you love. Top it off with grilled chicken breast or shrimp for added protein. Drizzle on your favorite dressing or make a quick vinaigrette using olive oil, lemon juice, and herbs.

Another option is to go for tacos they're always a hit! Brown ground beef
or turkey in a skillet with taco seasoning
for that classic Mexican flavor. Fill soft
tortillas with the meat mixture along
with shredded lettuce, diced tomatoes,
cheese, and salsa. Rosa's adds diced
potatoes, or try radishes as a topping.
Quick tip: warm your tortillas in the
microwave wrapped in damp paper
towels to keep them soft and pliable.

In just 30 minutes flat (or less!), you can create flavorful dishes that will please even the most discerning taste buds at your dinner table. So don't let busy weeknights compromise on taste — embrace these speedy recipes that are sure to become family favorites!

One Pot Meal

When it comes to busy weeknights, the last thing you want is a sink full of dishes waiting for you after dinner. That's where one pot meals come in handy! These easy and convenient recipes allow you to cook an entire meal using just one pot or pan, minimizing clean-up time and maximizing flavor.



Whether you're cooking for yourself or feeding a family, one pot meals are a lifesaver. With minimal prep and cooking time, these recipes are perfect for those nights when you need to get dinner on the table quickly. From pasta dishes to stir-fries, there are endless possibilities for creating delicious and satisfying one pot meals.

Not only are one pot meals quick and easy, but they also offer endless opportunities for customization. You can easily adapt them to suit your taste preferences or dietary restrictions by swapping out ingredients or adding extra spices and seasonings.

The best part about one pot meals? They're packed with flavor! As all the ingredients cook together in the same pot, their flavors blend beautifully, resulting in a dish that tastes like it's been simmering away for hours.

So why spend precious time washing multiple pots and pans when you could be enjoying a tasty meal with your loved ones? Give one pot meals a try and simplify your weeknight dinners without sacrificing flavor or variety.

Picky Eater Approved

When it comes to feeding a picky eater, preparing easy and quick meals can be a challenge. But fear not! We have some tricks up our sleeves to help you navigate this tricky territory.

Involve your little one in the cooking process. Let them choose ingredients for their meal or even assist in chopping vegetables (under supervision, of course). By giving them a sense of ownership over their food choices, they may be more inclined to try new things.

Next, get creative with presentation. Sometimes all it takes is arranging food in a fun and visually appealing way to entice a picky eater's appetite. Use cookie cutters to shape sandwiches into fun shapes or arrange fruits and veggies on skewers for an interactive snack experience.

Don't give up too easily. It often takes multiple exposures for someone - especially children - to develop a taste for certain foods. Keep offering new dishes alongside familiar favorites and encourage your picky eater to take at least one bite before making any judgments.

In conclusion (without using those words), back-to-school time doesn't have to mean stressful weeknight dinners. With these easy 30-minute meals that are both family-friendly and picky-eater approved, you'll have more time to focus on what matters most: spending quality time together as a family.

So grab your aprons, gather around the kitchen table, and enjoy delicious meals that will make everyone happy – without sacrificing precious moments spent together during this busy season!

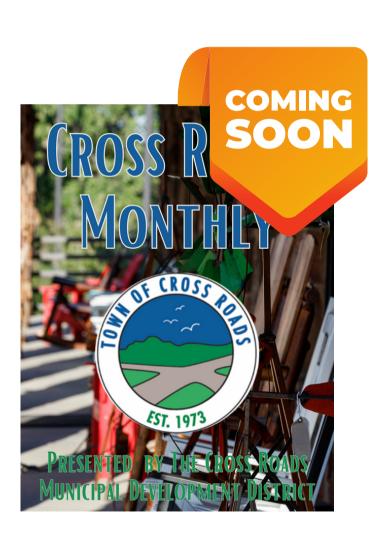


Newsletter Changes

A New Look!

The Cross Roads Times will be changing its look beginning with the October issue! The Cross Roads Municipal Development District is taking over the publication of The Cross Roads Times which will now be published monthly and will have a heavier focus on promoting businesses in Cross Roads.

The new publication will still include some of the items we have all become familiar with



VOLUNTEERS NEEDED

THE TOWN IS SEEKING APPLICATIONS FOR THE FOLLOWING BOARDS:

- PLANNING & ZONING COMMISSION Meets the 1st Tuesday of the month at 7pm
- PARKS & RECREATION BOARD Meets the 1st Wednesday of the month at 6pm
- MUNICIPAL DEVELOPMENT DISTRICT Meets the 2nd Thursday of the month at 6pm

CROSSROADS.GOV/ VOLUNTEER

The Cross Road Times 3201 US HWY 380, Suite 105, Cross Roads, TX 76227



The Town of Cross Roads, TX

Elected Officials:

T. Lynn Tompkins, Jr., Mayor
David Meek, Mayor Pro Tem
Ron King, Council Member
Steve Zuczek, Council Member
Chris Paus, Council Member
Stephanie Housewright, Council Member

Staff:

Kristi Gilbert, Town Administrator Shaun Short, Police Chief Donna Butler, Town Secretary

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> Phone: 940-365-9693 Fax: 940-665-6898 news@crossroadstx.gov

DATES TO REMEMBER

- Town Council meetings are on the 3rd Monday of each month. at 6:00 pm at the Police Department and on Zoom. Please join us and become involved in your Town.
- Planning and Zoning Commission meets the 1st Tuesday of each month, 7:00 pm at the Police Department and on Zoom.
- Park and Recreation Committee meets on the first Wednesday of each month at 6:00 pm at the Police Department.
- Municipal Development District meets on the 2nd Thursday of each month at 6:00 pm at the Police Department.

All meetings, agendas, and support materials are posted online at least 72 hours prior to the meeting. For additional information, please contact the Town Secretary.

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